



GODFREY OKOYE UNIVERSITY

UGWUOMU-NIKE, ENUGU, ENUGU STATE

DIRECTORATE OF STUDENT MENTORSHIP AND PARENT RELATIONS



HIGHLIGHTS

- About the Directorate, Vision, Mission etc...
- Tips on becoming a mentor and mentee
- Application of Teaching Methods in Mentorship
- Importance of Mentorship



DIRECTORATE OF STUDENT MENTORSHIP AND PARENT RELATIONS

Invites You To

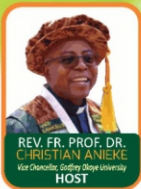
GODFREY OKOYE UNIVERSITY MENTORSHIP DAY

THEME:

CARVE A NICHE FOR YOURSELF!

DATE: TUESDAY, 24 MAY 2022
TIME: 12:00 NOON

VENUE: GOODLUCK EBELE JONATHAN
CONVOCATION ARENA



REV. FR. PROF. DR.
CHRISTIAN ANIEKE
Host Director, Godfrey Okoye University
HOST



JANE K.
NDUKWE
Director, Directorate of Student
Mentorship and Parent Relations



CHIEF LORETTA
ANIAGOLU
GUEST SPEAKER
Managing Partner & CEO
of FIT Consult Limited

Newsletter





Lady Jane Ndukwe
*Director, Student Mentorship
and Parent Relations*

ABOUT THE DIRECTORATE

Welcome to Godfrey Okoye University Directorate of Student Mentorship and Parent Relations. This directorate was established in March 2022 to coordinate all mentorship and parent relations programmes in the university.

MENTORSHIP

Our University Mentorship programme incorporates all academic and senior administrative members of staff of the university as mentors to our students, offering them support in finding their way around in the university community and expanding the mentee's professional network. For an effective mentorship experience, each mentor is assigned not more than five mentees. Our mentorship programme is holistic, designed to guide the mentee in the academic and personal development through the process of synergizing, enlightening and intersecting with the aim of shaping the student for future opportunities.

PARENT RELATIONS

Our Parents Forum is designed to maintain open lines of communication with parents. Relevant pieces of information on the activities, rules and regulations of university are passed on to parents while enquiries and concerns from parents are duly addressed in a timely and courteous manner.

MISSION

To provide unbiased personal and professional guidance to students for the advancement of their educational and personal growth. To connect parents to the university community and promote a healthy interchange.

VISION

To see students build capacity and professional network for career advancement. To see parents become stakeholders and committed in the progress of the university.

POLICY STATEMENT

The fusion of parents, students and mentors in achieving developmental milestones and professional excellence must be pursued at all levels.

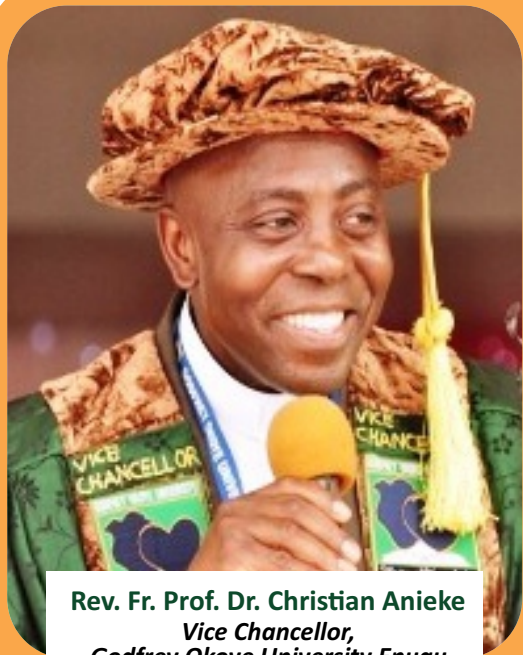


OUR GOALS

1. To build confidence and independent thinking in the students
2. To expand the student's professional network and choices
3. To ensure mental wellbeing of students
4. To gain parents' commitment as stakeholders in the progress of the university.
5. To improve the student population of the university

For enquiries and possible collaborations with the Directorate, please contact us on 08066038421 or send an email to ndukwejane@gouni.edu.ng





Rev. Fr. Prof. Dr. Christian Anieke
Vice Chancellor,
Godfrey Okoye University Enugu



Lady Jane Ndukwe
Director, Student Mentorship
and Parent Relations



Rev. Fr. Prof. Dr. Christian Anieke
Vice Chancellor,
Godfrey Okoye University Enugu



Prof. Christian Nwachukwu Okeke
Pro-Chancellor,
Godfrey Okoye University Enugu



Associate Professor
Ekene Osuji



Chief Loretta Aniagolu
Guest Speaker



Director of Student Mentorship and Parent Relations,
Lady Jane Ndukwe and the
Mentorship Team

GODFREY OKOYE UNIVERSITY MENTORSHIP DAY:

Tuesday 24 May 2022



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Invites You To

GODFREY OKOYE UNIVERSITY MENTORSHIP DAY

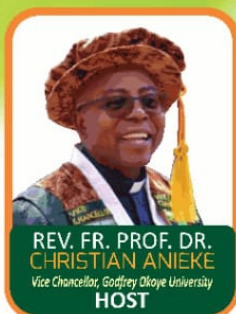
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Photo Speaks





GODFREY OKOYE UNIVERSITY MENTORSHIP DAY: TUESDAY 24 MAY 2022

This auspicious occasion commenced with a Common midday prayer and an opening address by the Vice Chancellor of Godfrey Okoye University, Enugu, Very Rev. Fr. Prof. Dr. Christian Anieke. He emphasized that the university Mentorship Program was not just for career counseling but a holistic approach in the personal development of each student. He emphatically stated that no student can remain anonymous in the institution. Each student must have someone he or she can go to for advice.

The Director of Student Mentorship and Parent Relations, Lady Jane Ndukwe, spoke on the role of a mentor. She stated that a mentor was one who had lived through the process he or she was mentoring, learned from the experience gathered and now able to share this knowledge with the mentee. The mentor becomes a sounding board for the mentee as well as a support system. The mentor should be able to see the talents and abilities in the mentee and bring this forth to enable the mentee to reach his or her full potential. She advised the mentees to cooperate with their mentors who will seek to pull them out of their comfort zone to enable them to become the best versions of themselves. The Director ended her presentation with Ethical boundaries in the mentorship journey and the distribution of Mentorship Report forms for recording the mentoring process.

The guest speaker, Chief Loretta Aniagolu, Managing Partner and CEO FIT Consult Limited, spoke on the importance of mentorship. She stated that mentoring was like teaching a person to fish as opposed to giving them fish.

Associate Professor Ekene Osuji, General Coordinator Sandwich Program, Godfrey Okoye University, spoke on Applying Teaching Methods in Mentorship. He shared six teaching methods that can be adopted by the mentors and gave examples of each. These included: story telling, role play, group mentorship, demonstration, case study, brainstorming and discussion. He further stated that mentorship was beneficial to the learning process and highlighted the positive contributions to students' professional growth. Good mentorship also enhances critical thinking and academic success. It helps students to shun vices such as: illicit relationships, drug and substance abuse, holiganism, cultism and absenteeism from lectures.

Mr. Eric Baz and one of his students entertained the audience with a melodious tune at the interlude.

The Pro-Chancellor of Godfrey Okoye University, Enugu, Prof. Christian Nwachukwu Okeke, in his closing remark commented that Godfrey Okoye University Enugu had set the trend in university mentorship in the East of the Niger. He thanked the Vice Chancellor, Very Rev. Fr. Prof. Dr. Christian Anieke, for establishing the Directorate of Student Mentorship and Parent Relations and thanked the Director, Lady Jane Ndukwe and her team for a well organized event.

The program ended with a closing prayer by the Deputy Vice Chancellor, Sr. Prof. Dr. Mary-Sylvia Nwachukwu.

WHO IS A MENTOR?

POSITIVE ROLE MODEL

FRIEND

COACH

ADVISOR

SELF-ESTEEM BUILDER

CAREER COUNSELLOR

ADVOCATE



TIPS FOR BECOMING A GOOD MENTOR

Listen patiently: Give the student time to get to issues they find sensitive or embarrassing.

Build a good relationship: Have simple joint activities to get to know one another such as informal conversation over coffee or tea.

Don't abuse your authority.

Nurture self-sufficiency: Your goal is not to clone yourself but to encourage confidence and independent thinking.

Establish "protected time" together: Try to minimize interruptions by telephone calls or visitors.

Share experiences: Invite students to see what you do, both on and off the job. Tell your own successes and failures. Let students see your human side and encourage the students to reciprocate.

Provide introductions: Help students develop a professional network and build a community of mentors.

Be constructive: Be kind with your feedback and temper criticism with praise when deserved.

Don't be overbearing: Avoid dictating choices or controlling a student's behavior.

Be abreast with trends and lifestyles of young people.

TIPS FOR BEING A GOOD MENTEE

Do not waste the time of your mentor. He or she has left everything to attend to your needs.

Your mentor can only guide you but you have to take responsibility for your own learning.

Set realistic goals.

Come to your mentorship meeting with a prepared agenda. This will optimize the time spent together.

Build trust. Having trust can open up a channel of communication, which is important to the success of your mentorship journey.

Be open about your needs. Be honest if you want something changed or if you don't understand something.

Always bear in mind that your mentor is trying to pull you out of your comfort zone; so don't fight him or her.

Be flexible. The mentorship journey is about finding ways to better yourself.

Always remember that your mentor may not have all the answers you need. If you need guidance beyond what your mentor can offer, ask for his or her recommendations to other mentors who can help you further.

Contact the Directorate on 08135125818
WhatsApp: 08066038421

Students' Perceptions towards Mentorship

1. Mentorship is beneficial to learning process. It has positive contributions to students' professional growth. It enhances critical thinking and academic success (Wachira, 2019).
2. Mentorship increases willingness to take risks and positive self-esteem. It bridges gaps between theory and practice of education. It promotes career development (Gichigi, 2016).
3. Mentorship is crucial to behaviour change (Macgann, 2018).
4. Mentorship enhances learning outcomes (Oluchina & Amayi (2017).
5. Mentorship enhances academic outcome, professional development, satisfaction and confidence (Flott & Linden, 2020).

Conclusion

The mentorship programme in universities is more oriented towards holistic formation of the learner. In other words, it promotes academic achievement, and enhances healthy social and spiritual life of the students. It helps students to shun vices such as illicit relationships, drug and substance abuse, hooliganism, cultism, absenteeism from lectures, just to mention a few. On the other hand, it enables students to embrace virtues such as hard work, family spirit, respect for constituted authorities, management, staff and colleagues. Therefore, mentorship is a need in this noble Godfrey Okoye University. Let us embrace it with open arms.



Teaching Methods in Mentoring Students

The teaching methods applied in mentoring students should be experiential and participatory. This will help to stimulate the mentee's interest and ensure their sustained active participation in the mentorship sessions. Just like in the classroom, experiential and participatory methods of teaching engage learners, increase their interaction throughout the learning process and foster the development of critical thinking and communication skills. At the same time, the methods promote learning through discovery and personal experience. This therefore, leads to more integrated learning outcomes (Chugai, Terenko, & Ogienko, 2017).

The following are some of the teaching methods in mentoring students:

1. Story telling
2. Case study
3. Brain storming
4. Role play
5. Demonstration
6. Working groups
7. Discussion



DIRECTORY OF GOUNI AND IECE MENTORS AND MENTEEES

All our students in Godfrey Okoye University (GOUNI) and the Institute of Ecumenical Education (IECE) have been assigned mentors to act as a support system and sounding board for them. No student is anonymous and therefore has someone to help him or her navigate the university community.

Mentors have had their first meeting with their mentees and submitted their situation reports.

PENDING WORKSHOPS BY THE DIRECTORATE:

1. Mentors Workshop

2. Right Values in Student Leadership
(For all students holding leadership positions in GOUNI and IECE)

